



You are invited to a profound experience . . . Delve deeper into your own inner wisdom in a nurturing, supportive environment. Discover the wholeness that comes from honoring who you are and claiming all you are meant to be.

Join a community of women who are growing both spiritually and emotionally through an ongoing process of acceptance and support.

The *Woman Within Training Weekend* is an experiential training opportunity where you will be supported and acknowledged, with acceptance, by those who are walking this journey with you.

Throughout your weekend you will be invited to:

- Discover your power
- Heal your inner wounds
- Reclaim the joy of being who you are
- Speak authentically and with confidence
- Connect with a community of “conscious” women

After your weekend, you'll have an opportunity to continue the support and growth by becoming part of an on-going circle with other women committed to furthering their personal growth.

For more information and to register for a *Woman Within Training Weekend*, visit our website at <http://www.ww-wc.org>

Dates for 2010:

September 24-26, 2010 in Yucaipa, CA (1.5 hours from LA, 2 hours from San Diego, 3 hours from Santa Barbara)

November 12-14, 2010 in Vernonia, OR (90 minutes from Portland)

Cost: \$675 includes weekend training, full room and board. *Partial scholarships are available based upon financial need and availability of scholarship funds.*

ACT FAST FOR A DISCOUNTED RATE!

We are offering an **incentive** for the **first 12 women** who sign up for the September 24-26, 2010 Yucaipa *Woman Within* weekend **by midnight on August 20th, 2010**. **Women who pay their deposit by the deadline will receive \$50 off their weekend.** **Women who pay in full by the deadline will receive \$100 off their weekend!** (Scholarship recipients are not eligible for this incentive.)

Questions? Contact Cathy Peltier at peltierbabe@gmail.com

To register, go to <http://www.ww-wc.org> and click on Woman Within Weekend.